
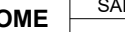










PLANNING SKY LINE WELLNESS valido dal 5/11/2018 al 21/12/2018

0377/802863

LUNEDI'			MARTEDI'			MERCOLEDI'			GIOVEDI'			VENERDI'									
9:45	50'	PILATES	SALA	17:00	60'	*DANZA: WONDER WALL DANCE STUDIO	SALA	9:45	50'	PILATES	SALA	17:00	60'	*DANZA: WONDER WALL DANCE STUDIO	SALA	17:00	30'	G&G	SALA		
DEBORAH			1	EXTRA			1	DEBORAH			1	EXTRA			1				1		
10:30	50'	POSTURAL	SALA	18:00	60'	*DANZA: WONDER WALL DANCE STUDIO	SALA	10:30	50'	POSTURAL	SALA	18:00	60'	*DANZA: WONDER WALL DANCE STUDIO	SALA	17:30	30'	ADDOME	SALA		
DEBORAH			1	EXTRA			1	DEBORAH			1	EXTRA			1				1		
13:00	50'	 CARDIO PILATES	SALA	17:30	30'	G&G	SALA	13:00	50'	 CARDIO PILATES	SALA	19:00	60'	*DANZA: WONDER WALL DANCE STUDIO	SALA	18:30	30'	 ZUMBA toning	SALA		
DEBORAH			1	SIMONA			2	DEBORAH			1	EXTRA			2	PAOLA			1		
17:30	30'	G&G	SALA	18:00	30'	TONE UP	SALA	17:30	50'	TOTAL BODY	SALA	19:00	60'	 SUPER JUMP	SALA	19:00	60'	 ZUMBA FITNESS	SALA		
			1	SIMONA			2				1	SIMONA			1	PAOLA			1		
17:10	50'	PILATES	SALA	18:30	30'	ADDOME	SALA	18:30	30'	ADDOME	SALA	20:00	60'	*DANZA: WONDER WALL DANCE STUDIO	SALA	18:00	50'	TOTAL BODY CIRCUIT	SALA		
SIMONA			2	SIMONA			1				1	EXTRA			1				2		
18:00	30'	 SUPER JUMP	SALA	19:00	60'	 SUPER JUMP	SALA	19:00	50'	GAG	SALA	21:00	90'	*DANZA: WONDER WALL DANCE STUDIO	SALA	19:00	30'	ADDOME	SALA		
SIMONA			1	SIMONA			1				1	EXTRA			1				2		
18:30	30'	 ZUMBA toning	SALA	19:00	60'	FITRUNNING	SALA											sabato			
PAOLA			1	MATTEO		WORKOUT												10:00	30'	ADDOME	SALA
18:30	30'	ADDOME	SALA	19:00	60'	*DANZA: WONDER WALL DANCE STUDIO	SALA													1	
			2	EXTRA			2											10:30	50'	SURPRISE	SALA
19:00	60'	 ZUMBA FITNESS	SALA	20:00	60'	*DANZA: WONDER WALL DANCE STUDIO	SALA													1	
PAOLA			1	EXTRA			1				1										
19:00	60'	CIRCUIT TRX	SALA	21:00	90'	*DANZA: WONDER WALL DANCE STUDIO	SALA														
			2	EXTRA			1														

SVOLGIMENTO LEZIONI CON MINIMO DI 3 PERSONE

EXTRA : NON COMPRESO
NELL'ABBONAMENTO OPEN



PRENOTAZIONE CORSO

